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Confidential Material
Psychosocial Assessment Summary

REPORT OF PSYCHOSOCIAL ASSESSMENT AND TREATMENT

Patient:	Jiao Ma & Kelvin Yan
Examiner:	Amy T. Lin, Ph.D.
Date of Report:	March 24, 2026

Summary of Evaluation and Treatment

Ms. Ma and Mr. Yan have been actively participating in ongoing couples therapy at my practice since March 7, 2024, and continue to attend sessions to the present date, with a regular frequency of approximately every two to four weeks.

According to their report and clinical discussion, Ms. Ma and Mr. Yan initially met approximately ten years ago and re-established a romantic relationship in 2024. Following this period of reconnection, they engaged in a committed relationship, cohabitated, and subsequently entered into marriage in June 2025.

Throughout the course of treatment, the couple has demonstrated consistent engagement in therapy and has addressed relational dynamics including, but not limited to, differences in cultural background, family-of-origin influences, communication styles, and approaches to conflict resolution. Treatment has focused on the following areas:

- Enhancing effective communication skills
- Managing mood and stress
- Developing constructive conflict resolution strategies
- Gaining a deeper understanding of each other's cultural backgrounds and how these influence the expression of emotions and affection
- Co-parenting Mr. Yan's children from a prior marriage in a consistent and supportive manner



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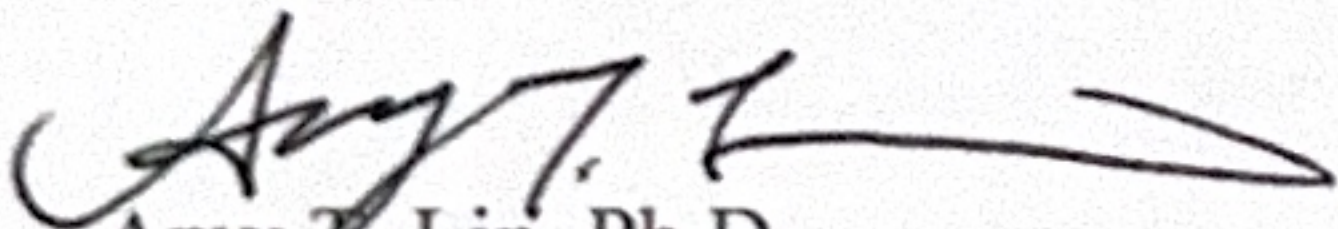
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- Managing career-related stressors, future planning, and extended family obligations

Based on clinical observation and the couple's participation in treatment, both individuals have demonstrated sustained commitment to the therapeutic process and to the development and maintenance of their marital relationship. There have been no observed or reported indications of self-harm, interpersonal violence, or substance misuse.

Ms. Ma and Mr. Yan have demonstrated a genuine and committed marital relationship, as reflected in their consistent participation in therapy, mutual investment in relational growth, and ongoing efforts to strengthen their partnership.

They are expected to continue benefiting from ongoing therapeutic support as they further develop and maintain the stability and health of their marriage.



Amy T. Lin, Ph.D.

Qualifications/Title: California Licensed Psychologist, CA PSY 21269

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